

**ZUMBA**  
**Tucson Estates Property Owners Association**

**Where: RECREATION HALL**

**When: FRIDAYS 11 AM - 12 PM**

**Contact: CONNIE BIRD 271-0317**

**e-mail: c.bird36@yahoo.com**

**Function of Club:**

**ZUMBA** is a fusion of Latin and International music - dance themes that create a dynamic, exciting, effective fitness system! It is a mixture of body sculpting movements with easy to follow dance steps to salsa, Merengue, cumbia, reggaeton and other music. Your instructor will be Connie Bird, Certified Personal Trainer and Certified Zumba Instructor. Join in the fun and burn calories in a non-threatening atmosphere.

**All members of the Club must be residents of Tucson Estates and be willing to take an active part in the Club and its programs.**

**New members are always welcome.**